

# TENNIS ACTIVITIES SCHEDULE UNTIL MAY 31st, 2024



TEACHING ACTIVITY



ACTIVITY WITHOUT TEACHING




ACTIVITY ON CLAY COURT

Save **UP TO 20%** on our activities with your **VIP** or **PRESTIGE** benefit package.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<b>PLAY BETTER IN SINGLES</b> 6:30 to 8 a.m. Simon 28\$ sfiliatrault@tennis-ids.com	<b>PLAY BETTER IN DOUBLES</b> 10 to 11:30 a.m. Sergio P. 37\$ sprandini@tennis-ids.com	<b>PLAY BETTER IN SINGLES</b> 6:30 to 8 a.m. Simon 28\$ sfiliatrault@tennis-ids.com			
	<b>TENNIS FITNESS</b> 11:30 a.m. to 1 p.m. Sergio I. 37\$ sibarra@tennis-ids.com	<b>UP AND DOWN CHALLENGE</b> 11:30 a.m. to 1 p.m. Sergio I. 32\$ sibarra@tennis-ids.com		<b>DOUBLES LEAGUE</b> 10 a.m. to 12 p.m. Sergio P. 32\$ sprandini@tennis-ids.com		
				<b>UP AND DOWN CHALLENGE</b> 12 to 1:30 p.m. Jean-François 32\$ (514) 250-9324	<b>PLAY BETTER IN DOUBLES</b> 12 to 2 p.m. Dariusz 42\$ dkozak@tennis-ids.com	
						<b>UP AND DOWN CHALLENGE</b> 3:30 to 5 p.m. Jean-François 32\$ (514) 250-9324
						<b>UP AND DOWN CHALLENGE</b> 5 to 6:30 p.m. Jean-François 32\$ (514) 250-9324
<b>SINGLES LEAGUE</b> 8 to 9:30 p.m. Firas 32\$ fmolhem@tennis-ids.com		<b>PLAY BETTER IN SINGLES</b> 8 to 9:30 p.m. Laurenz 37\$ lschraepen@tennis-ids.com	<b>DOUBLES LEAGUE</b> 8 to 9:30 p.m. Firas 32\$ fmolhem@tennis-ids.com	<b>SINGLES LEAGUE</b> 8 to 9:30 p.m. Firas 32\$ fmolhem@tennis-ids.com	<b>DOUBLES LEAGUE</b> 6 to 8 p.m. Firas 28\$ fmolhem@tennis-ids.com	
<b>PERFORMANCE TENNIS</b> 9:30 to 11 p.m. Laurenz 28\$ lschraepen@tennis-ids.com	<b>SINGLES LEAGUE</b> 9 to 11 p.m. Firas 28\$ fmolhem@tennis-ids.com	<b>PERFORMANCE TENNIS</b> 9:30 to 11 p.m. Laurenz 28\$ lschraepen@tennis-ids.com				



Registration 48 hours in advance by email with the pro in charge of the activity.  
Cancellation policy 24h

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